

Home Safety Checklist

Use this Checklist to make sure the poisons listed are stored in locked cabinets, out of the reach and sight of your children and pets. Call the Poison Center immediately if you think someone has been poisoned by any of the poisons listed.

* The poisons marked with an asterisk (*) can be very dangerous. Be very careful when using and storing these poisons.

Kitchen/Laundry Area

- Air Fresheners
- Ammonia
- Bleach
- Bug Killers*
- Cigarettes/
Chewing Tobacco
- Cleaners*

Cleaners

- Dishwasher Detergents
- Drain Cleaners*
- Fabric Softeners
- Furniture Polishes
- Laundry Detergents
- Liquor
- Oven Cleaners*
- Medicines*
- Vitamins
- Plants
- Scouring Powders

Bathroom

- Air Fresheners
- After-Shave Lotions
- Cleaners*
- Cologne/Perfumes
- False Fingernail
Removers*
- Hair Removers
- Hair Styling
Products
- Lotions, Creams,
Oils
- Make-up
- Medicines*
- Mouthwash*
- Nail Polish /
Removers
- Rubbing Alcohol*
- Shampoos
- Shaving Creams
- Soaps
- Toilet Bowl
Cleaners*
- Vitamins

Bedroom

- Cigarettes/Chewing Tobacco
- Cologne/Perfumes
- Make-up
- Medicines*
- Plants

Living Room

- Cigarettes/Chewing Tobacco
- Liquor
- Plants
- Tape or Stereo Cleaners
- VCR Cleaners

Yard

- Berries
- Bug Killers*
- Fertilizers
- Flowers
- Mushrooms
- Shrubs and Trees
- Weed Killers*

Garage/ Basement/ Storage

- Antifreezes*
- Bug Killers*
- Fertilizers
- Gasoline
- Glues
- Kerosene
- Lighter Fluids
- Lime*
- Lye*
- Moth Balls
- Paints
- Paint Thinners
- Pool Supplies
- Rat Killers
- Turpentine
- Weed Killers*
- Windshield
Wiper Fluids*

For a listing of poisonous plants, call the
Sanford Poison Center at
(605) 328-6670.

The Sanford Poison Center 1-800-222-1222

The Sanford Poison Center is a free, confidential 24-hour poison emergency helpline. You can call the Center to get help in a poison emergency from poison experts. They can tell you what to do if you, your child or pet is poisoned.

For more information on
poison safety or to order
educational materials, call
the Sanford Poison Center at
(605) 328-6670 or visit our
website at www.sanfordhealth.org
or www.sdpoison.org



Sanford

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POISON
Help
1-800-222-1222

PREVENTING POISONINGS IN THE HOME



Sanford

POISON CENTER

A poison is anything that can make you sick or possibly kill you if it gets into your body. A poison can get into your body through your mouth, nose, eyes, or skin. Poisons found in and around the home include: cleaning, laundry, personal care, automotive and gardening products. These poisons often come in pretty colors and neat bottles. Children may mistake poisons for something good to eat or drink. Medicines and vitamins can also be poisonous. Both prescription and over-the-counter medicines can be poisonous if you take too much or use them the wrong way. Plants are another common cause of poisoning. Both indoor and outdoor plants can be poisonous.

Poison Safety

You can help keep your family safe from poisons by following the safety tips below. Use the **Home Safety Checklist** on the back to make sure you store the listed poison safely!

1. Store Poisons Safely

- Store poisons in locked cabinets out of the reach and sight of your children and pets.
- Keep poisons stored in the bottles they came in. Make sure the bottles are clearly labeled. Never store poisons in drink or food containers.
- Keep medicines and vitamins in bottles with child-safety caps (child-resistant packaging). Make sure the caps are on tight at all times!

2. Use Poisons Safely

- Before you use a poison, read the label on the bottle.
- While you are using a poison, never leave it out where a child may find it.
- After you use a poison, put it back in a locked cabinet. Make sure the bottle is closed tightly.

Child-safety caps are not child proof! Some children can open these caps. This is why it is important to keep medicines and vitamins locked up!

- Never call medicine candy. Your child may eat the medicine thinking it is candy.
- Do not take medicine in front of your child or give medicine to one child while another is watching. Children are natural mimics. They may be tempted

to take the medicine later, when you are not around.

3. Know What to Do In a Poison Emergency

- Keep the Sanford Poison Center telephone number near your telephones.
- If you think someone has been poisoned, call the Sanford Poison Center immediately. Do not wait for the victim to look or feel sick!

First-Aid

- In case of a poisoning, follow these first-aid steps:

For Swallowed Poisons:

1. Call the Sanford Poison Control Center immediately.
2. Before giving the victim anything to eat or drink, call the Sanford Poison Center or a doctor first. **ONLY** give Syrup of Ipecac when a doctor or the Poison Control Center tells you to.

For Inhaled (Breathed) Poisons:

1. Get the victim to fresh air immediately.
2. Call the Sanford Poison Center immediately

For Poisons on the Skin:

1. Take off any clothing that has poison on it.
2. Rinse the victim's skin with water for 10 minutes.
3. Call the Sanford Poison Center immediately.

For Poisons in the Eye:

1. Rinse eye well with lukewarm tap water for 10-15 minutes. Gently pour water from a clean container held 2-4 inches above the eye. Call the Sanford Poison Center for further treatment instructions.
2. Call the Sanford Poison Center immediately.

Calling the Sanford Poison Center

- When you call the Sanford Poison Center, take the poison with you to the phone. You may be asked to read information from the bottle's label. You also will be asked to give:
 - Your name, phone number, county, and zip code.
 - The victim's age and weight.
 - Any symptoms the victim has related to the poisoning.
 - The time the poisoning took place.
 - The name of the substance or poison.
 - The amount of the substance or poison.
 - Any current health problems the victim has.
 - Any medicines the victim is taking.

POISON
Help
1-800-222-1222

